



BROMBOROUGH u3a

NEWSLETTER

February 26

Our website address is:

bromborough.u3asite.uk

Speaker Meetings - 10:30am in Bromborough Village Hall

On Feb 2nd Bromborough U3A will meet from 10.30am for our speaker meeting. If you have not yet paid your fees please do so on or before this date.

We held a very successful U3A lunch in at the Lever Club. Thanks go to Frances, Irene, Penny, Jessica and Denis for organising this. There are several unclaimed raffle prizes which will be at the next meeting. Come along and see if one is yours!

Member Cath Hesketh is going on a pilgrimage later this year! She will be walking the Santiago de Compostela in Northern Spain for charity. If you are able to support Cath in this, please speak to her at a meeting to sponsor her. Any gifts for a tombola for the charity are also welcome.

Interest Groups

A reminder – if you would like to join a group please contact the leader, initially.

Beginners UKULELE Group (BUG) – Jane Kemp – 3281284

Meeting on the 2nd Friday of the month at 2pm in members' homes. Please contact Jane for further details.

COFFEE 'MORNING' – Sheila Fitchet – 334 6413

Meeting Tuesdays at The Merebrook pub, **2pm**. Don't forget to register your car details if you use the car park. Contact Sheila if you wish to attend.

FRENCH (GCSE Level) – Diana Selmer – 327 5093

The group meets once a fortnight on Wednesday mornings on Zoom, starting at 9.30 am. If anyone is interested in joining, please contact Diana.

LOCAL HISTORY – Jim Tunley – 327 7413

The next trip is on Tues 17th Feb to see the Titanic Exhibition at the White Star Hotel near to James Street Station. Jim is aiming for the 1.30pm entrance time, so please book your ticket on line, if at all possible, as if places on that tour sell out, you will not be able to buy them on the door. Cost is £11.50 or £10 if you are buying for a group of 4. Jim will be on the 12.56 train from Bromborough, for those who want to meet up beforehand.

LUNCHEON CLUB – Irene Crowder – 334 6684

Contact Irene about future meals

QUIZ GROUP – Chris Kellett – 07719 103 929

The group meets on the second **Monday** in the month at 2pm. Newcomers, please contact Chris.

RUMMIKUB – Penny MacDonald – 07791 286 972

Please contact Penny for details.

SINGING FOR PLEASURE – Jane Kemp – 328 1284

We usually meet on the last Friday of the month in St Barnabas Village Centre, 2pm.

WALKING – Denis Toohey – 343 1555 – denroamin@gmail.com Look out for an email about future walks.

Here are two groups you may want to join:

Bromborough village walk on **Mondays 10.30 - 11.30 am** (not on Bank Holidays). Meet at St Barnabas Church car park for walks to Eastham Country Park or Dibbinsdale 2-3 miles.

Thursdays 11.30 am - 12.00 pm, Eastham Group Practice, 47, Bridle Road, Bromborough.

Contact Fiona (Wellbeing Walks Coordinator) for more info, tel. 0776 967 4718

We are always happy to include new interest groups so if you have any ideas speak to me or anyone on the committee.

What's On

2nd and 4th Friday, 11.30 - 1.30 Meet and Eat at St Mary's Community Church Hall, Eastham Rake. Donations welcomed.

Every Thursday, 11.00-12.00. Tea, coffee, sausage rolls and cake at St David's URC, Eastham. Donations welcomed.

Every Wednesday and Friday 12.30-14.00 and Sunday 14.30-16.00 Panoramic Lounge, Floral Pavilion, Free Music Concert.

Eastham Library Events

Thursdays 10 -11.15 am TABLE TALK at Eastham Library. Discussing book extracts, poetry and art. Organised by St Mary's Church community.

Knit and Natter. This is a free regular weekly activity held at Eastham Library, where like-minded friends meet for a chat and coffee/tea on **Wednesdays, 10.30 - 12.00** in the section of the library where the One Stop Shop used to be.

Age U.K, Meadowcroft, Spital Road, Bromborough:-

Monday	1.30 - 3.30 Art and Drawing
Tuesday	10 -12 Singing for Health 12-15-1.15 Chair based Exercise 1.30 - 2.30 Yoga. No experience necessary
Wednesday	10.00-11.00 Tap Dancing 10 -12 Crochet Corner 12 – 1 Salsa Gold

12 - 2 Soup and Sandwich Lunch
1.30 – 2.30 Chair based Tai Chi
2.30 - 3.30 Reading Group
2.45 - 3.45 Tai Chi

Thursday 10 - 12 Art and Drawing
 10.30-11.30 Chair Based Exercise
 1.15 - 2.15 Strong and Steady with Julie Ann. Stand/sit exercises
 1.30 – 4 Papercraft for all skill levels
 2.30 – 3.30 Zumba Aerobics

Friday 10.00-11.00 Pilates
 11.15-12.15 Pilates
 10 - 12 Jewellery Workshop (3rd Friday)

Age UK offer One 2 One Computer Sessions on Monday, Tuesday, Wednesday and Friday mornings at £5 per session. Also, DIY Computer Club with Sue is on Wednesdays from 10am - 12.

Please not that some of the classes above have changed recently.

Age UK can also help with advice on a range of issues including application for Pension Credit. If your telephone call goes to answer machine leave your name and number and they WILL get back to you. Call 0151 482 3456 Option 7.

Line Dance classes, taught by Judy, are held every Wednesday at Bromborough Village Hall. 10-11am Intermediate, 11am-12 Beginners, 6-7pm Complete Beginners and 7-8pm Intermediate.

St David's Church Food Bank, Mill Park Drive, Eastham, Wednesday 1pm – 2.30pm
For emergency food voucher tel. 0151 606 2005 (option 4 emergency financial aid)
Monday - Friday 9am - 5 pm OR tel. Citizens Advice Bureau (freephone) 08082 78 78
48 Monday - Friday 9am - 4pm. At other times, including Saturdays, Sundays and Bank Holidays, tel. 0151 6776557.

Gladstone Theatre Port Sunlight has a range of shows over the next few months, including, but not limited to: Twist and Shout, Legally Blonde, Nearly Elton, Diana Ross – The Musical Legacy. Box Office 0151 643 8757

Justin Madders – local MP for many of us holds drop-in surgeries at Eastham Library on 1st and 3rd Friday of each month, 10-4 (closed 1-2) and at Bromborough Village Centre and 2nd and 4th Friday of each month 10-4.

If any of these announcements are now out of date, please let me know, so they can be amended or deleted.

Is anyone interested in a volunteer role with the Independent Monitoring Boards (IMB)? This role is often carried by retired or semi-retired people and concerns monitoring the conditions and treatment of people who are in custody. They are there to provide independent oversight and ensure fairness and decency. Further

information is available on the website <https://imb.org.uk> or by speaking to Sophie Anscombe on 07742 658 544 or email sophie.anscombe@justice.gov.uk. They are currently recruiting until 18th February.

Remember, if **you** have news to include in the monthly newsletter, please pass it to me by the 3rd Wednesday of each month.

Chris Kellett – 07719 103 929 or 0151 327 8286 or Christinekellett@sky.com

Did You Know? February is apparently unique in that it may not have a full moon! This happens approximately every 19 years and the next time will be 2037.

Chris Kellett