



**BROMBOROUGH u3a**

**NEWSLETTER**

**January 26**

**Our website address is:**

**bromborough.u3asite.uk**

**Speaker Meetings - 10:30am in Bromborough Village Hall**

On January 5th Bromborough U3A will meet from 10.30am in, what I think is called the School Room, St Barnabus site, where the café is. This is pay fees (£20), (if not paid by Bank Transfer – 20-29-50 10464511), update any details if needed and enjoy a social chat with friends old and new. This is a 'drop – in session.'

The U3A lunch is on Jan 12<sup>th</sup> at the Lever Club, next to Port Sunlight Station. Please speak to Frances or Irene for further details. There will be free raffle at this event. Members not going to the lunch are entitled to a ticket.

**Interest Groups**

A reminder – if you would like to join a group please contact the leader, initially.

**Beginners UKULELE Group (BUG) – Jane Kemp – 3281284**

Meeting on the 2<sup>nd</sup> Friday of the month at 2pm in members' homes. Please contact Jane for further details.

**COFFEE 'MORNING' – Sheila Fitchet – 334 6413**

Meeting Tuesdays at The Merebrook pub, **2pm**. Don't forget to register your car details if you use the car park. Contact Sheila if you wish to attend.

**FRENCH (GCSE Level) – Diana Selmer – 327 5093**

The group meets once a fortnight on Wednesday mornings on Zoom, starting at 9.30 am. If anyone is interested in joining, please contact Diana.

**LOCAL HISTORY – Jim Tunley – 327 7413**

Look out for details of the next trip

**LUNCHEON CLUB – Irene Crowder – 334 6684**

Contact Irene about the meal for October.

**QUIZ GROUP – Chris Kellett – 07719 103 929**

The group meets on the second **Monday** in the month at 2pm. Newcomers, please contact Chris.

**RUMMIKUB – Penny MacDonald – 07791 286 972**

Please contact Penny for details.

**SINGING FOR PLEASURE – Jane Kemp – 328 1284**

We usually meet on the last Friday of the month in St Barnabas Village Centre, 2pm.

**WALKING – Denis Toohey – 343 1555 – [denroamin@gmail.com](mailto:denroamin@gmail.com)** Look out for an email about future walks.

Here are two groups you may want to join:

Bromborough village walk on **Mondays 10.30 - 11.30 am** (not on Bank Holidays). Meet at St Barnabas Church car park for walks to Eastham Country Park or Dibbinsdale 2-3 miles.

**Thursdays 11.30 am - 12.00 pm**, Eastham Group Practice, 47, Bridle Road, Bromborough.

Contact Fiona (Wellbeing Walks Coordinator) for more info, tel. 0776 967 4718

We are always happy to include new interest groups so if you have any ideas speak to me or anyone on the committee.

## What's On

**2nd and 4th Friday**, 11.30 - 1.30 Meet and Eat at St Mary's Community Church Hall, Eastham Rake. Donations welcomed.

Every Thursday, 11.00-12.00. Tea, coffee, sausage rolls and cake at St David's URC, Eastham. Donations welcomed.

Every Wednesday and Friday 12.30-14.00 and Sunday 14.30-16.00 Panoramic Lounge, Floral Pavilion, Free Music Concert.

## Eastham Library Events

Thursdays 10 -11.15 am TABLE TALK at Eastham Library. Discussing book extracts, poetry and art. Organised by St Mary's Church community.

Knit and Natter. This is a free regular weekly activity held at Eastham Library, where like-minded friends meet for a chat and coffee/tea on **Wednesdays, 10.30 - 12.00** in the section of the library where the One Stop Shop used to be.

## Age U.K, Meadowcroft, Spital Road, Bromborough:-

Monday	1.30 - 3.30 Art and Drawing
Tuesday	10 -12 Singing for Health 10.30 - 12.30 Flower Arranging 12-15-1.15 Chair based Exercise 1.30 - 2.30 Yoga. No experience necessary
Wednesday	10.00-11.00 Tap Dancing 10 -12 Crochet Corner 11.30-12.20 Zumba Gold 12 - 2 Soup and Sandwich Lunch 2.30 - 3.30 Reading Group 2.45 - 3.45 Tai Chi
Thursday	10 - 12 Art and Drawing 10.30-11.30 Chair Based Exercise

1.15 - 2.15 Balance and Stability with Julie Ann. Stand/sit exercises  
1.30 – 4 Papercraft for all skill levels  
2.30-4.00 Ukelele no longer has a tutor, but players who have some knowledge are welcome to play in a group of 8. Stands and music provided. £3. No need to book.

Friday 10.00-11.00 Pilates  
11.15-12.15 Pilates  
10 - 12 Jewellery Workshop (3<sup>rd</sup> Friday)

Age UK offer One 2 One Computer Sessions on Monday, Tuesday, Wednesday and Friday mornings at £5 per session.

Also, DIY Computer Club with Sue is on Wednesdays from 10am - 12.

Age UK can also help with advice on a range of issues including application for Pension Credit. If your telephone call goes to answer machine leave your name and number and they WILL get back to you. Call 0151 482 3456 Option 7.

Line Dance classes, taught by Judy, are held every Wednesday at Bromborough Village Hall. 10-11am Intermediate, 11am-12 Beginners, 6-7pm Complete Beginners and 7-8pm Intermediate.

Bellringers are needed for St Mary's Church, Eastham village. Tel. Sharon Lyons, Belltower Captain, 07977 339 876.

St David's Church Food Bank, Mill Park Drive, Eastham, Wednesday 1pm – 2.30pm  
For emergency food voucher tel. 0151 606 2005 (option 4 emergency financial aid)  
Monday - Friday 9am - 5 pm OR tel. Citizens Advice Bureau (freephone) 08082 78 78  
48 Monday - Friday 9am - 4pm. At other times, including Saturdays, Sundays and Bank Holidays, tel. 0151 6776557

**If any of these announcements are now out of date. Please let me know, so they can be amended or deleted.**

Remember, if **you** have news to include in the monthly newsletter, please pass it to me by the 3<sup>rd</sup> Wednesday of each month.

Chris Kellett – 07719 103 929 or 0151 327 8286 or [Christinekellett@sky.com](mailto:Christinekellett@sky.com)

## **Did You Know? Garnet is the birthstone for January.**

The precious jewel comes in numerous colours, but the red garnet is the most valuable and famous. The Middle English term “Garnet” signifies dark red. This originated from the same place as the pomegranate, a fruit with many seeds.

Chris Kellett